

## COUNTY TECHNICAL SERVICES, INC.

### TRAINING FOR WORKER'S COMPENSATION POOL MEMBERS

*All training from CTSI's Loss Control Services is at no charge to Pool Members.*

*Classes can be tailored to the specific needs of counties and county services.*

#### CLASSES FOR EMPLOYEE SAFETY

##### ❖ DEFENSIVE DRIVING TRAINING

*Auto crashes are a leading cause of property damage and employee injury. Refresh driving skills on defensive driving and safe driving techniques for county drivers using the National Safety Council's method "Coaching the Experienced Driver". This classroom course with materials includes tips on distracted driving and road rage situations. Completion of class may qualify individuals for personal auto insurance credit.*

- Passenger and Truck
- Vans
- Ambulance
- Law Enforcement

##### ❖ MINE SAFETY AND HEALTH ADMINISTRATION (MSHA)

*Many counties must comply with federal regulations for sand and gravel pits and crushing operations. CTSI offers MSHA training for employee safety awareness and provides necessary training for compliance with federal law. Multiple topics include powered haulage equipment safety, ground control, electrical hazards, machinery guarding, heat/cold/first aid safety, health exposures control, aerial lifts, weed mowing and tractor control and more.*

- Annual Refresher Training Courses
- Newly Hired Experienced Miner Courses

## ❖ BODY MECHANICS AND ERGONOMICS

*Musculoskeletal stresses are the most frequent employment related types of injury. The training provided can help create awareness and techniques to reduce the injuries from lifting, strains, falls, and back injury, and how to safely perform common tasks. Ergonomics training will demonstrate how to adjust a workstation or work location to minimize ergonomic strains and injury.*

- Body Mechanics
- Lifting and Back Safety
- Slips, Trips and Falls
- Workstation Evaluations for Individuals or Groups
- Office Ergonomics for Supervisors
- Train the Trainer for Ergonomics

## ❖ SUPERVISOR TRAINING

*Training for the supervisor or staff to reduce exposures which lead to employee injury and manage the contributing factors related to workers' compensation claims.*

- Accident Investigation
- Safety Committees
- Drug/Alcohol Recognition for Supervisors
- DOT Drug/Alcohol Awareness
- DOT Driver Qualification Files, Hours of Service
- Fleet Safety Policies
- Workers' Compensation for Supervisors
- Building Effective Safety Programs
- Understanding Workers Compensation, FMLA and ADA

## ❖ FLAGGER CERTIFICATION TRAINING

*Colorado Department of Transportation certified trainers on staff to teach safe techniques of flagging and maintain compliance with the state requirement to recertify flaggers every two years.*

- Flagger Training Course

## ❖ GENERAL SAFETY TOPICS

*CTSI offers a wide range of subject matter related to safe work practices and common causes of county employee injury.*

- First Aid Awareness
- Heat/Cold Stress and Safety
- Bloodborne Pathogens/Infection Control
- Stress Management
- Emergency and Disaster Preparedness
- Workplace Violence
- Handling Cleaning Chemicals
- Hazard Communication
- Respirator Safety
- Hearing Conservation
- Confined Space Safety
- Trenching Safety
- Hand Tool Safety
- Trail Building Safety Awareness
- Safety for Building Inspectors
- Forklift Operation Safety
- Ladder Safety

***Contact CTSI Loss Control to discuss training options and schedule a class.***